

Inside you will find....
2 – Zoom Scatter Nights.
4 – International update
5 – Neal Lowe's running journey
8 – Sally Kettle
9 – Picture Quiz

Stay Safe
Keep Sane
Keep in Touch
Support one another
Together we will endure

The CAS2 project is regrettably running behind schedule but we hope to get there – please bear with us. Any CAS queries please contact me at comms@41Club.org

The Summer Magazine should be with you by early July. An electronic version will be available on the website soon.

Breaking News

For Booking in to
Aviemore Conference 2021
we strongly advise you to
book accommodation
through Booking.com, or
similar, to give you better
cancellation rights in case
of need than are offered by
the hotels for direct
bookings.
See p3 for brief details.

You can find the latest UK govt advice on Covid-19 at https://www.gov.uk/coronavirus

& the latest Irish govt advice at https://www.gov.ie/en/campaigns/c36c85-covid-19-coronavirus/



President's Report

I haven't been sitting around waiting for lockdown to finish. In this new digital world, it is so easy to keep in contact with people and run meetings.

Although we didn't have the electronic vote as planned, it is still something I believe we should have in place ready for any circumstances that could happen in the future. The system can be used for surveys and other things, not just for voting.

I have put a committee in place to look at our rules and bring them up to date for the same reason, so that electronic voting can take place and we can move forward. This will bring us in line with Round Table, who have had all their elections done very successfully using this system.

Some people say that we don't need all the posts filled in these times, I disagree. We should have had the vote, so that the new board members were in place for our forward planning for the Association to move forward. The Netherlands 41 AGM took place last weekend; it was on virtual media and with electronic voting, which all worked perfectly.

I am working very hard every night of the week on virtual meetings with clubs around the UK. I have also taken part in two International meetings. We have had three excellent speaker nights that are recorded for clubs to use for club meetings. I have opened these nights to the four club family.



I have found that a lot of the clubs are having many online meetings and managing to keep in touch with each other on a more regular basis.

The digital world is here to stay and is a useful tool for us to use in between face to face meetings. This will allow people away from home to take part in meetings. I know some clubs like my own are now meeting every week which in these different times is very important there are members living alone for various reasons losing their partners or split up to these guys meeting online with fellow members it is lifeline and helps them with their state of mind.

It is with sadness I have to report that past President Keith Howard 2007-2008 lost his wife Mary after a long fight against cancer. Our thoughts are with Keith during these difficult times. [see In Memoriam on page 20]

I am pleased that we are building a good relationship with Round Table; and Table is definitely on the way back up. They had twelve candidates for their National Membership Officer role; and their President's Ball sold out in less than 30 hours.

President Matt Eaton and myself have done a joint virtual meeting on one of my Thursday night sessions. We are planning to do a joint community service project within our year and a joint board meeting.

One of the first 41 clubs I must visit is **Feltham and Hounslow 41 Club**, who very kindly donated £3000 to my charity Dementia UK, which in lockdown is just fantastic. I can't thank them enough.

The two most important assets to get us through these different times have been the digital world which is a godsend, and the 41 Club Gin to help us chill.

Stay safe everyone, see you all soon.

YICF

Peter

Aviemore Conference Booking Update

The National Board and the Aviemore Conference Committee advise that Booking.com or similar websites, appear to offer better cancellation terms in case of need than those offered by the hotels if you book direct. Whilst we are looking forward to a successful conference in 2021 because there is a risk of Covid-19 we recommend that, as a precaution, you use these to book your conference accommodation rather than direct with the hotels.

Zoom Scatter Night - from Membership

We have now been meeting online for some 10 weeks now and although the 'lock-down' is now being eased, because of restrictions on numbers and venues it looks like we will be continuing to meet up virtually on Zoom and other platforms.

So we've done Quizzes, Race Nights, Bingo, Treasure Hunts and Cards Against Humanity, what next...How about going back to something many will have done as Tablers - have you considered running a Scatter Night with your club?

This is the method my own club is using

- Schedule an evening in advance contact some clubs (the beauty of this is they can be anywhere you are not tied to the old 1 hour travel each way to be practicable)
- At one of your own club meetings open some break-out rooms and divide your club members into small groups having appointed a coordinator for each group give them the contact details for another 41 Club meeting that they can join.
- Each of the groups then join in with the other club for some friendship and fellowship.

At the next scheduled club meeting the groups can report back on their experiences with the other club and perhaps opportunities for physical meetings once we are able to do so.

Perhaps your National Councillor could look to set up a Regional meet up, where groups from neighbouring clubs could get together virtually?

Glen Lyon

National Membership Officer

Dementia UK Charity Walk

Tom Atkins, the NCLO (National Councillor Liaison Officer), has set himself a challenge.

"I CAN WALK 500 MILES, AND I CAN WALK 500 MORE"

to raise £2,000 for the National President's Charity, Dementia UK

It started on May 1st and already National President Peter along with 7 other National Councillors (John Kilshaw, Rory Tompsett, Kevin Chard, Jim Conway (and his wife Vicky), Neal Lowe & Wynn Parry) along with many others within the 4 club family who have signed up. They are all going to walk 1,000 miles between now and the AGM in Aviemore. It averages 3 miles per day. Easy you might think, but Tom advises that after 4 days he already had an injury, with a bleeding little toe and blister (caused by his trainers!).

They intend to finish the last few of the 1,000 miles walking into the AGM in Aviemore

GET FIT! GET THIN! LOSE WEIGHT! STAY HEALTHY!

HELP THEM TO RAISE MONEY FOR PETER'S CHARITY.

Please make your Dementia UK Donations at https://uk.virginmoneygiving.com/PeterGood
Please put Tomwalk in the message

News on International AGM & HYM

In extraordinary times, extraordinary measures.

As you know already from my last mail of late March, the organisers of the Verona AGM will not be in a position to organise the annual meeting. A plan was then discussed to have both our AGM and HYM together in Brasov in mid-September. However, the situation in September still shows every sign of being too early and risky for many. A large international gathering of people will certainly not be advisable at that time.

Therefore the 41 International board has decided to postpone both the Verona AGM and the Brasov HYM to 2021. This unique move was decided after listening to our partners from Italy and Romania, but also consulting past international presidents, our future candidates to vice-presidency for the years to come and Tangent International. It was not an easy decision, but until the situation clears up in terms of travelling and hosting safety or until a vaccine is available, we would rather stay on the safe side and avoid the organisation of these high risk international meetings. It also shows respect to all those who have worked hard to prepare these events and wished to welcome us all in the best conditions.

This radical decision has got implications. Let me review a few ones with you.

What about the new dates of AGM Verona and HYM Brasov?

Since we wanted to respect and preserve all the efforts of the local organisers we have decided to keep the venues and only change the calendar. Also, many airlines will offer the hope this will be feasible for all.

AGM Verona 2021 will take place on 28-30th May 2021. HYM Brasov will be organised on 15-17th October 2021. This means, of course, that AGM 2021 in Bergen, Norway and HYM 2021 Odense, Denmark will also be postponed one year later, in 2022. AGM Bergen will be held on 20-23 May 2022 and HYM 2022 Odense on 23-25 September 2022.

What about refunds?

Both the Verona and Brasov organisers have agreed to refund all who have booked and paid the registration fees, minus some bank transfer costs imposed in Romania. However since most of the participants to these events may still be the same as in 2020 we have agreed that the 2020 fees paid would automatically cover the registrations fees of 2021. Those who want their money back now will need to send an email to the event organisers.

Verona 2020 team: luca.colombo@studiocolombovr.it

Brasov 2020 team: convenor@hym2020.com

What does an IRO do when unable to travel?

During the lockdown past and present IROs have been able to meet each Friday. Martin Hartl from Italy set up a weekly ZOOM meeting, at present this has happened on 10 Fridays.

I have been able to log on to have a social chat/drink as well as to swop information and ideas. This has meant that I have had more contact with other IROs than usual. In normal times I would have seen some, but not as many, when traveling to AGMs.

It has been unfortunate to miss AGMs in Portugal, Denmark, Finland, Sweden and Italy as well as the International AGM but we have managed to adapt using ZOOM and the feeling amongst us is that we will continue to have these meetings even after we are able to travel and meet again.

Andy Ventress

National International Relationship Officer

Neal Lowe's Running Journey so far.....



We have all had that fateful night when we leave the bosom of Round Table and move onto 41 Club and I was no different but one day sat at my desk of my insurance brokers in Nuneaton I decided that I wanted to set myself some new targets and that I could be a better me.

I had recently chatted to a friend Trevor Binch from Coventry Three Spires Round Table who was on a transformational journey as well and he introduced me to his coach Rory Coleman.

So one Tuesday morning in January 2019 Rory sat in my office and asked me what I wanted to achieve, I waffled off all of the normal stuff like Parkrun, Half Marathons and London Marathon. He looked me up and down and said the only way you are going to do any of this stuff is if you are lighter otherwise you are not going to enjoy the experiences. He therefore set me some initial targets, number one go and run Parkrun and log my time so we had a starting time, number two I

needed to cut out alcohol and lose 4 stones/25 kilos over a four month period and lastly follow his training plan.

As a bit of background I used to be a county runner in my school days running for both Warwickshire and the West Midlands but 30 years of building my own business had meant I had neglected myself chasing the next deal.

With my new coach on board and please google Rory Coleman as he is the UK's foremost expert in Marathon and Ultra Running having run over 1000 marathons, 255 ultra marathons

and holder of 9 Guinness World Records so I knew I was in safe hands, I committed to his plan and ran my first Parkrun and achieved the time of 31 minutes 17 seconds and finished 162^{nd} .

After I had finished I looked around at the competition and thought to myself by the end of 2019 I am going to be beating the majority of these other runners so I left that first race determined to stick to the plan.

I have to admit those first couple of months were hard but by the end of April I had lost a reasonable amount of weight, was still dry and my Parkrun time was down to 25:01 and I finished 33rd so everything was going to plan so I decided to throw in another challenge to keep my focus I booked into the Amsterdam Marathon on 20th October which would give me roughly six months to train for it. I told Rory and his response was fantastic but let's set a finishing time that you want to achieve so after throwing some numbers around we agreed that I should be able to do it in less than 4 hours which is 9 minutes per mile pace.

The following five months I took part in numerous 10K's, half marathons and continued my Parkruns all to get ready for Amsterdam. I worked extremely hard and my last Parkrun before Amsterdam on 5th October I ran 21:10 and finished 14th, a massive 10 minutes and 7 seconds knocked off my first time in January. I was buzzing and ready physically and mentally as I had also lost all of the target weight and was now down to 11 stones 8oz/75 kilos.

Arriving in Amsterdam along with Trevor I was amazing that we would be running from the Olympic Stadium around the streets of Amsterdam, along the banks of the Amstel before finishing back in the Olympic Stadium. The weather was perfect running weather and we were lucky to meet another competitor called Steve in our hotel who was a veteran of many marathons and he gave me one piece of advice that remained with me whilst out on the course which made total sense and I have used it since in other races, for those that know there marathon distances, a marathon is 26.2 miles or 42 kilometres, I like to train in kilometres so Steve said to me the night before the race 'just break the race down into four 10K races, you know you can run a 10K in less than an hour so if you do 4 of those you will get your target time'. I loved that run with the cheering crowds and paced the race perfectly to finish in a time of 3 hours 50 minutes and crossed the line a transformed man from what I had been back in January.

I now needed another challenge and it is one that like a lot of other people's plans has been affected by Coronavirus so after Amsterdam I booked myself into the London Marathon to run for my friends charity Georgies Gift. This has subsequently been rearranged for the 4th October but this time we have set a target finishing time of 3 hours 30 minutes.

In the diary I also have Malaga Marathon on 13th December and Brighton Marathon on 18th April 2021.

The whole reason for me telling you my journey so far is that I have recently signed up with my good friend Tom Atkins and numerous others including National President Peter to 'Walk 500 miles AND Walk 500 more' all in aid of Dementia UK, the National President's Charity, however, instead of walking the distance I have decided to run it. I hope that by us doing this event we will inspire other 41 club members to exercise more and lose some of the extra pounds that they have put on which is very similar to how I was 18 months ago. I believe the stuff that I have achieved is possible for anyone to achieve and I want help others achieve their goals. Please contact me if you want some guidance and encouragement.

As I mentioned above I love to have a new challenge to aim for and my next challenge for Summer 2021 is to run the 100 miles of the Millennium Way which is the walking trail maintained by 41 club www.walking.41club.org. I want to run it in less than 24 hours and

I am in the early stages of planning so I will update you with more information later in the year.

P.S My Parkrun Personal Best is now 19 minutes 55 seconds so a massive 11 minutes 22 seconds off my first run in January 2019.

Neal Lowe

National Councillor, Region 15 - Heart of England

An Update from the National Secretary

Those of you who read my piece in the April newsletter will recall that it was our intention to carry out elections for the two contested posts by means of electronic voting. This would be achieved by incorporating a voting module into the build of CAS2, rather like members of the National Trust and other organisations can log in and vote online for their chosen candidates. It was made clear at the outset that this would be with the agreement of all candidates, given that our rules as they currently stand do not allow us to impose this form of election on our candidates. We did not obtain full agreement, which means the elections will take place at the AGM in 2021 in Aviemore, in the usual way.

CAS2 is being built and tested as you read this, and should be fully up and running in a few weeks' time. The Communications Team, along with Carl Smalley and David Leach, have been working hard to bring us an administrative database tool which will look, feel and behave so much better than what we currently have. Once it is fully up and running, all club officials will be contacted and asked to log in to update their club and member details.

As the AGM in Cardiff did not take place this year, all resolutions tabled in the order paper will be carried over to Aviemore 2021 (apart from Resolution 1, which has been withdrawn by the sponsors) No doubt there will be other motions submitted as the year rolls on. To this end, a working group has been set up, consisting of myself, Andrew Mackereth (Immediate Past President), David Smith (Honorary Solicitor), Roger Spensley (National Councillor Region 5) and John Kilshaw (National Councillor Region 8). The group has been tasked with looking at our current rules and standing orders, and suggesting which of these could be introduced, amended or deleted in order to make 41 Club more relevant to our membership going forward. The cancellation of this year's AGM has given the group added impetus, as we appreciate just how problematic it has been when we have been unable to transact business at a physical AGM. If anyone has any suggestions for the group to consider, please feel free to drop me a line at secretary@41club.org



National Secretary

Sally Kettle meets with President Peter

No Hope on the Boat -

Ocean Rowing, Resilience & the Power of Pragmatism During Uncertain Times



As we continue the lockdown period the online activity goes from strength to strength, just over two weeks ago we had the amazing Sally Kettle - Adventurer talk about her endeavours.

Sally is the first woman to have rowed across the Atlantic eastwest, twice. She first took to the oars in 2003. Following an initial set back to her first Atlantic attempt, she was joined by an unlikely rowing par tner - her mother Sarah Kettle. 106 days later they made it into the record books as the world's first mother and daughter to row an ocean.

The Zoom events again attracted a fantastic audience and you can still watch her talk via the 41club YouTube account.

Sally started with her history and the "why" she wanted to test herself with such an amazing challenge.

In 2005 Sally founded 'Row Girls' - an all-female rowing team striving to break the record for the fastest Atlantic crossing. The team of four were struck by disaster when a crewmate left the boat mid-Atlantic. Subsequently the boat lost its rudder in the worst recorded conditions in 200 yrs and a shark attacked the boat - no lives were lost. Unwilling to give up, Sally and her crew completed the challenge. They arrived in Antigua 77 days later and became the first three-handed boat ever to complete the trip.

Sally's account of rough seas, wild storms, harsh living, and encounters with sharks was delivered in stupendous style and her speeches are both hilarious and informative, evoking a whole range of emotions. Bursting with enthusiasm and knowledge, Sally overflows with a passion to motivate and inspire.

To book Sally for a speaker event go to https://www.sallykettle.com/speaking Sally has had varied further adventures,

and now takes her story on the road as a professional inspirational and motivational speaker, addressing national and international audiences. She has spoken to as many as half a million people, gaining profile through national press and television.

Find out more via: https://youtu.be/CBqrZHkA7ck

Sally writes and presents pieces for BBC Radio 4, including "Does Hope Help?" for Four Thought and "Jonathan the Tortoise - Operation Go Slow" - for from our Own Correspondent. She also spent six weeks filming in the British Dependencies in the South Atlantic for the television documentary "The Last Horizon".



All of Sally's adventures have included the opportunity to raise money for charitable causes. She has pulled together more than £500,000.

An amazing talk with energy and enthusiasm.



Peter Good's PLC Chairman

This Month's Teaser

Who are these Famous Actors?

(Courtesy of Mike "Archie" Andrews – Horsforth 41 Club)

BONUS QUESTION: What do they ALL have in common?

(answers on last page)



Down Memory Lane with Lytham St. Annes

STEVE SINGLETON LYTHAM R.T. FANCY DRESS EVENTS





Lytham Round Table used a "clowning around" theme for the 1995 Club Day season and yours truly (Steve Singleton) created and was wearing a fetching yellow outfit, complete with plastic daffodil! Competition article for more information.

Here's probably the most FAB entry ever made on a Club Day - imagine the hours of work that went into creating Thunderbirds in 1992!





Synchronised swimming through Lytham Square





The original Red Arrows – complete with Wing Commander John Barnes calling the moves.

As a way of saying thanks for supporting our weekly hand cart second hand bookstall in Lytham Square – we took to the roads to push the cart in the Lytham St Annes Windmill Half Marathon in 1983. We raised the princely sum of £450 in sponsorship. I wonder where that cart is now?





Of the many Area Rallies this one was probably the most politically incorrect!

Liverpool's Adelphi Hotel was the setting for the 1984 British Empire Rally and there was plenty of gravy browning that had to be washed off with a drunken swim in the hotel pool in the early hours!



Getting locked up for charity!

The idea was for people to pledge money on a special hotline for our release – but it backfired when more money was pledged to keep the 26 Tablers locked up for even longer.

The event raised more than £5,000.

"Brave New World" or "A moment in Time"

On March $23^{\rm rd}$, 2020 – The government announced the COVID-19 lockdown, something that it will take years to recover from in our lifetimes. Most of us will know of someone who has suffered with the illness, or sadly died from it. It truly has been and still is a sad lifetime experience that no one wants to relive, for me the experience has been as powerful as 9/11. Yet I have an optimism we can come back stronger.



We have been forced to enter a new world of communication with our family members, young and old. Many members, in the true style of Ex Tablers have embraced this change in many ways. I have witnessed family meetings online, family quiz's, friends virtually meeting up for Saturday night out, social nights through club activity, speaker events and special get togethers that truly do bring people together, such as the zoom event for those who have served our nation – a truly

humbling event.

We have all witnessed Sir Tom Moore reaching out to the world at an amazing age of 100 years old using platforms such as Zoom, it is very hard to argue with change when you witness something like this.

We have witnessed associations, such as The Netherlands 41Club holding an online National AGM, including voting. Even our Government has accepted such a platform during

the lockdown, musicians have held concerts online and many would have witnessed an amazing Round Table Family cooking group, sharing recipes and ideas.

As we reflect on the last few months and look forward with hope, I cannot help but think that the online activity must work hand in hand with our traditional ways. Many members have expressed that they are meeting with fellow members more frequently, including those who struggle to get out and about in normal times. Many want to ensure the experiences we have gained are not lost. These online experiences and activities are not to replace the face to face get together, they are to accompany the journey of friendship, as an analogy you may say "it's a great red wine to go with the cheese board." Some, very few would challenge this thought process.

Zoom evidential figures during lockdown show the greatest demographic age group uptake were the 50 plus age group. In the UK an average person went online via zoom or similar platforms 3 times a week. My reason for writing this article is one of hope and a determination so that we do not loose what we have gained.

A hope that the Association will embrace a strategy to

future proof the organisation and not allow the rusted anchors to be put down, because a minority are afraid of change or even those who will not accept the risk of not changing and say "we like it the way it is or was", that includes engagement with the members using such technology for AGM's, which many clubs have executed via zoom. Or even questionnaires that may even lead to decisions made online, how forward thinking would that be?

In summary and reflection of the COVID-19 lockdown process, one thing is super clear. Businesses who do not adopt a change with interactive activities with their audience are less likely to attract new business or even survive. 41Club is no different, every membership organisation faces the same challenges. However, every member organisation has a choice, a very simple one.

I hope that you and your families are safe, that we all meet again soon – virtually or face to face.

Keep Safe

Yours in Continued Friendship

Marcus Jones

Peter Good's PLC Chairman

An Update on the 2023 International AGM

Many members will be aware that in our 2019 AGM In Torquay we voted to put in a bid to host the International AGM in 2022 and elected Barry Durman as our International Vice President candidate. The International AGM held in Brussels the following month endorsed our proposals and accordingly we were awarded the right to hold the AGM in 2022 although due to Covid 19 pandemic the International Board agreed to postpone all International AGM's and Half Year Meetings by a year so we will now host the event in 2023.

In order to ensure that GB&I put together a truly remarkable conference that guests will savour for some time we have put together a very experienced and committed team as follows:

International VP: Barry Durman Conference Convenor and Sat function: Steve James **AGM Convenor and Pre-Tours:** Andy Ventress Transport & assisting pre-Tours: Keith Jolley Conference Champion and assisting AGM: Dave Campbell David Leach Treasurer: Secretary: Jim Conway Registration: Kevin Lovett Terry Cooper Fri Eve Function: Administration (incl Logo's, AGM support etc): Martin Green Jill Harris Tangent Rep: Don Mullane Marketing and Comms: Comms and Social Media: Jim Smith

Airport Shuttle: Graham Smith/Karen Durie

I would like to thank everyone for volunteering and I know that a number of partners of the above team are also providing additional support which is fantastic.

National Councillor's Kevin Stewart, Wynn Parry and Ralph Small have also been co-opted onto committee to assist in various roles with members of Shirley Late Knights and Coleshill 41 Clubs providing support to various roles such as Registration etc.

I will provide further updates as matters progress.

Yours in Continued Friendship



National Fellowship Officer

Calpe Zooming with the National President

We have just completed the club's first meeting by Zoom. Our best attended meeting ever had a total of 21 participants at one point. This is more than double the normal "good" attendance. Members took part from as far afield as Western Australia, Hull and Steeple



Bumstead! Oh! And a good number of us in Spain, including at least one (Keith) who should have been back in England weeks ago, while others are still waiting to get home to Spain. We were joined by National President, Peter Good, who updated us on news across the organisation, and his plans and activity to keep 41 Club as active as ever, despite the restrictions of the pandemic. We agreed a donation of £300 towards the President's chosen charity (Dementia Care) topping up

the surplus from Cluster with club funds. The Board of 41 Club UK&I has decided to extend

the term of the national president for a further year, due to the limitations during "lockdown". We discussed the term of our own chairman and vice chairman, and agreed to put forward a resolution to the membership that both should be asked to continue in post until the 2022 AGM. And finally, because this meeting was considered a success, we agreed to meet again, at 13.00 Spanish time, on July 9th.



Andrew Johnson
Calpe & District 41 Club

HOW DO YOU?



The motto of Round Table and 41 Club has always been 'Adopt, Adapt, Improve'... and I can't help feeling that there's no better time to demonstrate the real meaning of these foundational words than in these challenging times..

One of the positives that I've seen (if there are any) of the Covid-19 lockdown is the incredible creativity of Clubs in using Social Media and Virtual meeting software. The question that must be asked then is "How Do You Zoom?"

In my 'travels' around my Region (for which I've decided not to claim travel expenses), Zoom seems to be the virtual conferencing 'tool of choice' amongst Clubs as they hold their meetings including a number of AGMs..

Quizzes of course are the most obvious activity during meetings, but I have been amazed at the wide range of meetings that have been held.

Below are just some of the 'games' that I have taken part in:

- 'Top Fives' Holbrook Over 41 Club organised this with each member confidentially forwarding their Top Five in a chosen category to the organiser (it was 'songs' in the meeting I joined) and then in the meeting, sharing the reasons why they chose their top five. I found it interesting to learn a bit more about each member in the Club (and I'm sure they learned a lot more about each other!) and over two hours flew past very quickly! Other Top Five categories have included Albums, Films and Places..
- **Grand Debate** Camberley 41 Club took me back to my distant Round Table Debating Contests, when in their meeting two teams prepared arguments for and against the motion "*Hadrian's Wall Should Be Rebuilt!*" and at the end, all members voted. You'll be pleased to hear that the motion was defeated by a majority but it was a close call!
- Other Zoom challenges have included:
 - o Catchphrase including a Dingbats version via this link <u>Dingbats Catchphrase link</u>
 - Taskmaster
 - Blockbusters
 - o Blankety Blank
 - Generation Game this link to a video of the infamous moving conveyor belt here:
 Conveyor Belt link
 - o Family Fortunes
 - Mastermind
 - Countdown which can be played using this great link > <u>Countdown link</u> it even comes with a picture of Rachel Riley!

It would be great for Clubs to share ideas similar to the above with each other.. So I guess the only question to ask is – "How do you Zoom?"



Region 24 National Councillor

Covid-19 Lockdown - Gone 'Shone' in 60 Seconds

Depending upon your circumstances, we will each have 'shone' (or rather 'tion') in a variety of ways throughout the Covid-19 lockdown. Here are my top 20 – I'm sure you'll have your own:

- 1. Desperation worries about your future finances
- 2. Isolation at not being able to see family and friends
- 3. Jubilation also at not being able to see family and friends
- 4. Frustration having to cancel holidays whilst seeing the locals enjoying the beach in your holiday destination
- 5. Aviation or rather not due to having to cancel the bloody holidays
- 6. Inflation of your waist size increases along with the pile of empty wine bottles
- 7. Inebriation see 'Inflation' above
- 8. Cessation of any trips you had planned (not to mention of any conjugal rights visits you had also planned)
- 9. Liberation from household 'clutter' as you Spring Clean for the third time in 10 weeks and get rid of the remnants of the previous two inefficient Spring Cleaning attempts
- 10. Admiration of yourself in the bathroom mirror as you try as you breath in and convince yourself that despite your age, Lockdown suits you (usually accompanied by an impression of Joey from Friends saying "How you doin"?"
- 11. Starvation when you open the fridge and realise you forgot to click 'confirm' on your online groceries order
- 12. Incubation when you realise this is what an unborn baby must feel like waiting to emerge
- 13. Legislation that you insist you'll use definitely now when chasing up your holiday refund for the third time.. only to wait for another couple of weeks in the hope that it will arrive in your bank account
- 14. Condemnation of the morons you see on TV not socially distancing like you are
- 15. Occupation the one you hope your company will welcome you back into eventually
- 16. Arbitration with the Building Society as you attempt to secure a mortgage holiday
- 17. Concentration as you try and work from home whilst the children argue about who made that smell
- 18. Conversation the polite type, that it seems every other couple are having in Lockdown rather than arguing like you and yours are having, which is always her fault it seems
- 19. Confrontation and Accusation see 'Conversation' above
- 20. Preoccupation with the daily Downing Street press conference
- 21. Masturb**** when you're bored of watching the same films and are short of stimulation

As a National Councillor however, I'm also intent on **dedication** that we will return to our usual fellowship in time; eventual **continuation** of our in-person meetings once again and **celebration** when we can all raise a glass and celebrate the 75th birthday of 41 Club!



Region 24 National Councillor

The New "(In)Famous 5" National Councillors

At the April national Council meeting we welcomed 5 new National Councillors, as a way of introduction to you all, please see below some personal information they have been prepared to share with you.

Kevin Chard: Region 21 – Mid West



Name: Kevin Chard (Chardy)
41 Club(S): Norton Radstock & OBE's
Previous Table(s): Norton Radstock 642

Region: 21 – Mid West Family: Wife: Alex, Sons: Samuel (27) & Oliver (25)

Job/Occupation: MD of family Motor Factors business

Favourite: -

Sports: Golf & running, I completed London

Marathon 2014

Place/Holiday: Year long World trip ended by lockdown 5

months in / New Zealand

Food: Rare Ribeye Steak with Peppercorn sauce

Drink: Thatchers Cider or Gin

Pastimes: Love Music especially live. I Steward at

Glastonbury Festival each year

Film: The Shawshank Redemption Actor: Tom Hanks

Book: Great Expectations – Charles Dickens

Music/Band: Oasis

Album: Revolver by the Beatles

Car/Bike: Massey Ferguson tractor or Land Rover

Peter Walker: Region 9 – Lincolnshire



Name: Peter Walker

41 Club(S): The Deepings & OBE's

Previous Table(s): The Deepings Region: 9 – Lincolnshire

Family: Wife: Rose, 2 Stepchildren (34 & 37) 6

Grandchildren, ranging from 2 to 13 years

Job/Occupation: Chartered Surveyor

Favourite: -

Sports: Despite competing at an International level in

canoeing (many years ago), and being an avid Man City supporter, my one true love has

always been rugby union

Place/Holiday: Malta, I am reluctant to recommend, as I

don't want it to become overcrowded Chilli con carne, the only thing I can cook

Food: Chilli con carne, the only thing I can

Drink: Red wine or vodka

Pastimes: Scuba Diving (hence Malta) & cycling

Film: The Shawshank Redemption

Actor: Robert di Niro

Book: Do polar bears get lonely?

Why don't penguin's feet freeze?

Do bats have bollocks?

Music/Band: Genesis

Album: Best of Keane at the moment

Car/Bike: Mercedes CLA & Trek Domane 5.2

Paul Simmons: Region 16 - Mid Anglia



Name: Paul Simmons
41 Club(S): Stamford St. Martins
Previous Table(s): Stamford 611
Region: 16 – Mid Anglia

Family: Wife: Kate, Sons: Joseph (14) & Harry(11)

Job/Occupation: Royal Air Force Air Loadmaster. Currently
Head of Air Loadmaster training at RAFC

Cranwell.

Favourite: -

Sports: Playing cricket, watching Rugby & Football Place/Holiday: Top of a mountain or on a cruise ship

Food: Roast Dinner Drink: Real Ale

Pastimes: None at the moment, Dad's taxi for my sons

Film: The Shawshank Redemption

Actor: Morgan Freeman Book: Agent Zigzag

Music/Band: To varied to mention, I do enjoy musicals

Album: see above

Car/Bike: Aston Martin DB9

John Kilshaw: Region 8 – Lancs & Manx



Name: John Kilshaw (Kilsh)

41 Club(S): Woolton, Ribble & Lune active & OBE's Previous Table(s): St Helens, Horwich & Westhoughton, Leigh

Region: 8 – Lancs & Manx

Family: Wife: Karen, 4 kids between us son and

daughter each, Girls are 25 and 24, boys are

19 and 18

Job/Occupation: Podiatrist

Favourite: -

Sports: Rugby (both codes), Cricket, Football, most

sports to be honest

Place/Holiday: Lanzarote, Mauritius, or City destinations

Food: Tapas or Thai Drink: Rioja or Real Ale

Pastimes: Swimming, Walking, 41 Club, supporting

Saints RLFC and LFC

Film: It's a wonderful life & the original True Grit

Actor: Tom Hanks Book: Alex Cross books

Music/Band: Bruce Springsteen and the Rat Pack

Album: Born in the USA Car/Bike: Aston Martin DB5

Rory Tompsett: Region 12 – North Wales & Wirral



Name: Rory Tompsett

41 Club(S): Deeside, Alyn & Deeside XRT, Ellesmere

Port

Previous Table(s): Deeside

Region: 12 – North Wales & Wirral

Family: Wife: Nerys, Daughter: Olivia (25), Son:

George (17)

Job/Occupation: Landscape Design & Build consultant

Favourite: -

Sports: Rugby Place/Holiday: Scotland

Food: Yes, except quiche, real men don't eat

quiche

Drink: Yes please, Anything really

Pastimes: Annoying my wife, Beard growing & Kilt

wearing (In that order)

Film: Gladiator Actor: Robin Williams

Book: Gardener's Encyclopedia of Plants and

Flowers

Music/Band: Rammstein

Album: Pet Sounds – Beach Boys Car/Bike: Citroen 2CV6 Deux Chavaux

In Memoriam: Mary Howard

Members of Newton Abbot 41 Club, with 41 members nationally, wish to share their deepest condolences to Past National President Keith Howard on the death of his wife Mary on 7th June. Keith and Mary were widely known in the RTBI family. Mary was a member and Chair of Dawlish Ladies Circle and also Area Chair. She was briefly a member of Exeter Tangent before joining Newton Abbot Tangent, where she served as Chair. She was a tremendous support to Keith during his tenure as National President.

As she had wished, Mary died peacefully at home with Keith at her side.

She was a loyal, sensitive and caring wife, and friend to so many, and will be greatly missed by all who knew her. Our sincere condolences and thoughts are with Keith and family at this sad time. [Newton Abbott 41 Club]

Famous Actor Answers



BONUS ANSWER: They were all born in "God's own" Yorkshire